How to Sign Up for Viva Bien! Live Well With Diabetes through remind.com

Step 1: Go to our website: [https://safoodbank.org/our-programs/nutrition-health-wellness/classes/](https://safoodbank.org/our-programs/nutrition-health-wellness/classes/)

***Click the sign-up button for the Viva Bien! Live Well With Diabetes Class***
Step 2: You will be directed to the www.remind.com/log_in page. You will need to create an account on this site.

***Click the Sign up! button to create an account.
Step 3: You will be asked to enter in your e-mail or phone number.
Step 4: You will be sent a 4-digit code to your e-mail or phone number to confirm your sign up.

Enter in the 4-digit code sent to your email or phone number here.
Step 5: You will be asked to enter in your name and create a password

Enter in your first name here

Enter in your last name here

Enter in your password here
Step 6: Next, it will ask you to agree to the User agreement. Click Accept to agree to user agreement.
Step 7: Click on “I’m a student” to get signed up for class.
Step 8: Next enter in your birthday (don’t worry, no one will see this!)

Enter in your birthday here. No one will see it!
Step 9: Add your phone number

Enter your phone number here. You will be sent a confirmation code.
Step 10: Enter in the 4-digit code you were sent at your phone number

Enter the 4-digit code you were sent to your phone.
Step 11: Enter in your class code. Your class code is:
Step 12: Your classroom will pop-up next. You are officially apart of class! Here is where you will get updates, handouts, links to class and can ask questions and communicate with your teacher.